Energy of lithosphere and effects of quantum non-locality of electron transfer to the body for beauty of skin and health of the body.

Tinowa® body suspension with magnesium salt and bromides in combination with balneological peloid

Masks, local applications to body, baths.

Dear Customer!

Be sure to read the instruction carefully as it contains important information on how to apply the cosmetic suspension, which has a vast scope of applications for your body. If you have any questions, please consult a doctor.

I. Assessment of safety Tinowa® cosmetic suspension for human health:
Bureau Veritas chemical and microbiological laboratory CAI accredited, registration No.: 1082, certificate of analysis No. 767/12 dated March 27, 2012, report No. 1603121 dated May 25, 2012. *TINOWA cosmetic suspension is safe for human health, when use as intended*. KOPR registration No. - TI236ATR.

II. International name of the cosmetic suspension (MSP): Magnesium suspension with balneological peloid

III. Brand name of cosmetic suspension – Tinowa

IV. Basic formulation of the suspension - Natural magnesium salt and bromides (50%) and suspension of balneological peloid (50%). Labeling of ingredients: PEAT, MAGNESIUM CHLORIDE.

V. Additional ingredients to the basic formulation.
Natural magnesium salts with suspension of balneological peloid are produced both in substance and in combination with natural honey or natural oils such as: savine oil, spruce oil, eucalyptus oil, ylang-ylang oil, camphor oil, lavender oil, marjoram oil, fir oil, rosemary oil.

VI. Information on Tinowa® cosmetic suspension.

Balneological peloid (made in Germany) or peaty mud, contains strong antioxidants, including biologically active unstable oxygen compounds, which are donators of electrons – reducers of state of associated water in structures of cell membranes. Physiologically active compounds, being a part of balneological peloid, and unstable anion radical oxygen compounds, which are catalyzates, ensure revitalization of cell metabolism through activating of energy-supplying function of cell mitochondria and
reinforcement of immune system of the body - its regulatory functions and protection against free radicals, which are one of the main reason of aging of skin and body.

Natural magnesium salt contains a substantial amount of magnesium salts and bromides. Biological effect of magnesium salts is in maintenance of functioning of cell mitochondria and synthesis by cells of more than 300 enzymes, as well as in recovery of regulatory functions of cells, aimed at control over calcium channels. Magnesium, contained in salt, promotes protective and regenerating processes in skin and adjacent tissues.

Synergy of magnesium salt and bromides in combination with balneological peloid has unique effect on stabilization of peloid and production of collagen, which promotes anti-aging regeneration of cells and slows aging of skin and body. Enhancement of hydration of skin cells ensures additional tight effect that makes skin look healthy, smooth, and tighten. Presence of bromides in a bath promotes relieving of depression and blue mood, ensures deep healthy sleep, gives good mood and energy of life at wake-up. Bath with suspension is effective against aging and disturbances of skin cover. Moreover, functioning of capillary system of skin becomes noticeably better that results in weight loss.

VII. Application: Application of Tinowa® cosmetic suspension is recommended:
- Cosmetic masks with suspension for face and body.
- Local applications for body skin, muscles, joints.
- Baths for skin regeneration, relief of psychoemotional load and weariness, improvement of circulation in skin cover and vascular and cardiac system, mood enhancement.

A. Skin applications of Tinowa® cosmetic suspension.
From ancient times people have used peloid in various diseases related to disorders of osteogenesis regulation, functions of cell membranes, vascular permeability and elasticity, as electron-donor strength of peloid of the suspension has systemic effect on cell metabolism that ensures a wide range of regenerating and health-promoting effects, including enhancement of skin cover and influence on musculoskeletal system. Due to high content of biologically active oligoelements, amino acids, vitamins, minerals, and enzymes, balneological peloid not only has active influence on cell membranes and promotes their activity, but also ensures high penetration power of these compounds through cutaneous pores.

Applications are especially effective and protect skin and body in terms of stressful loads, during working on computer, driving, continuous sitting, sporting activities, etc., Moreover, they prevent development of degenerative disc disease.
Instructions for use:

1. **Cosmetic masks for face with Tinowa® suspension.**
   Suspension Tinowa® is effectively applied as rejuvenating and cosmetic masks for face, hair and decollete area at temperature between 36 – 38°C for the period up to 15-20 minutes. Avoid eye, nose and lips contact. Rinse with pure water. **Suspension for masks may be mixed with natural honey, natural yoghurt, vegetable oils of with due allowance for individual acceptability.**

   Masks with suspension promote elimination of waste through skin pores and by way of lymphatic drainage, promote revitalizing mineralization of skin cells, and oxidative properties facilitate retardation of aging.

   Additional enrichment of peloid mixture with natural honey substantially enhances its **medicinal properties**, providing health-promoting properties of applique masks.

2. **Local application - applications with Tinowa cosmetic suspension.**
   Suspension should be applied thick on various parts (application places are specified on schemes) depending on individual acceptability, covered with foil, followed by a self-heated pillow. Recommended temperature of applications - 39–41°C (warm the package in water). Duration of skin applications - 20-30 minutes. After exposition is ended, application places should be rinsed with water, covered with warm fabric and left for rest for at least 30 minutes.

B. **Hydrotherapeutic procedures with Tinowa® cosmetic suspension.**

1. **Baths with Tinowa® cosmetic suspension.**
   Baths with Tinowa® cosmetic suspension are beneficial to skin; skin becomes radiant and firm after bath; premature aging is slowed; baths have preventive effect on musculosceletal system. Due to magnesium and bromide salts the suspension has positive effect on nervous system through skin and improves **energy balance of the body**, enhances mood.

   **Basic method.** A course of at least 10-12 baths with Tinowa® suspension is recommended. A standard recommendation is to take 3-4 baths with Tinowa® cosmetic suspension per a week within the period of 4 weeks.

   Patient dips up to neck. To determine individual acceptability of effects of cosmetic suspension on skin and the body, first 2-3 procedures should not exceed 10 minutes. In case of good acceptability the rest procedures are increased up to 25 minutes.

   Providing acceptability, it is recommended to have a course of baths with Tinowa® cosmetic suspension within four weeks:
   1. week - 4 baths per week – 1 liter per bath; 2. week - 3 baths per week – 1 liter per bath
   3. week – 2-3 baths per week – 1 liter per bath; 4. week - 2 baths per week – 1 liter per bath
One course requires 10-12 packages of Tinowa® cosmetic suspension. Course may be repeated after 6 - 7 months.

**Instructions for use of suspension while taking baths:**
for one bath (about 100-150 liters of water add one package of Tinowa® cosmetic suspension with the volume of 1 liter and leave it **for rest** within 10-15 minutes. By the beginning of bath taking, water temperature should be 37-38 °С. It is recommended to bath tender parts of the body. **Where convenient, you may execute some movements in order to use suspension in a more effective way.** Duration of bath taking is 15 to 20 minutes. If the body is in a bath for more than 25 minutes, leaching of substances with hygroscopic capacity occurs and skin loses its ability to bind water. After bath do not use soap or shampoo. Minerals remove dust and excessive oil effectively. Rinse the body with clean warm water, roll yourself in a warm sheet and have a rest for at least one hour.

**Who is a suspension user:**
baths with the suspension help in protection of the body and mind against stress load to increase energy (residents of metropolis and industrial cities, politicians, actors, musicians, medical officers, managers, senior officials, etc.), when doing sports (football players, hockey players, boxers, etc.), working on computer, driving, continuous sitting (administrative personnel), etc.

**2. Half-baths.**
It is recommended for fragile and senior people to take half-baths during first procedures (i.e. diving up to chest).

**3. Local baths for hands and legs with Tinowa® cosmetic suspension.**
It is aceptably to bath separate part of the body - extremities, arms up to elbow, legs up to knee - for skin cover regeneration. In this case mix 1 part of suspension and 50 parts of water. Temperature is 37-39 °C. Duration is 15-20 minutes. After exposition is ended, treated area should be covered with clothes or clear fabric and left for rest for at least 30 minutes.

**Who is a suspension user:** local baths and applications for body parts, hands and legs, facilitate mitigation of their weariness, relieve pain and provide activity, when working on computer, playing musical instruments (pianists, violinists, guitarists, saxophonists, etc.), professional driving, long sitting, working with hands (massage therapists, craftsmen, designers, accountants, lawyers, etc.), doing sports and dancing (ballet-dancers, tennis player, bike riders, skiers, runners, jumpers, wrestlers, etc.) and for other professions. Application of suspension to hands, arms is beneficial to skin, strengthens nails, gives energy to phalanges, and facilitates giving and receiving of life energy (transmission, generation, and absorption). Moreover, such procedure opens energoinformational channels.
Basic formulation of balneological peloid.

By organic substances: Extractive pitch - 11.43%, dissolvable carbohydrates – 4.52%, cellulose and hemicellulose – 25.92%, humic acids by Aegerter – 35.74%, lignin, humins and other substances - 19.54%. Sulfur content – 0.07%.

By inorganic chemicals: (per 100 g of product)

Anions 115.89 mg: Cl\(^-\) -16.00; HCO\(_3\)\(^-\) – 61.00; NO\(_2\)\(^-\) – 0.05; NO\(_3\)\(^-\) – 20.50; SO\(_4\)\(^{2-}\) – 11.30; PO\(_4\)\(^{3-}\) – 7.04.

Cations 41.35 mg: Na\(^+\) – 10.50; K\(^+\) – 5.50; NH\(_4\)\(^+\) – 12.55; Mg\(^{2+}\) – 3.00; Ca\(^{2+}\) – 8.0; Mn\(^{4+}\) – 0.05; Al\(^{3+}\) – 0.60; Fe\(^{2+}\) – 1.15; pH – 4.78.


General Information.
Balneological peloid (purified peaty mud) is widely used in medicine, cosmetology, and spa-industries. Products of peloid have regenerative and antiseptic properties. For traumas and weariness of muscles use local applications and baths. Balneological peloid for baths is applied for facilitation of joint rehabilitation. Products of balneological peloid promotes health improvement, stress and weariness relief. Balneological peloid facilitates metabolism and blood circulation.

IX. Registration No. of magnesium salt  – CTZB 187-2286/11-302
Basic formulation of natural salt magnesium chloride Mg\((H_2O)_6Cl_2\): Cl\(^-\) -ion – 330,6 g/l; Mg\(^{2+}\) – 114 g/l; Ca\(^{2+}\) – 0,63 g/l; Na\(^+\) – 2,72 g/l; K\(^+\) – 0,85 g/l; Chloridy – 320 g/l; Cr\(^{3+}\) – 7,1; Brom – 4,96 g/l; B\(^{4+}\) – 0,16 g/l.

Micronutrients— iodine, copper, ferrum, silicon, rubidium, molybdenum, titan, lithium, aluminium, phosphorus, selenium, strontium, tellurium, and others.

General Information. Magnesium salt contains magnesium bromides and additional complex of essential elements and compounds, which have therapeutic and rehabilitating effect on cell structures of nervous, vascular and cardiac, and osteomuscular systems of the human body.

X. Group: cosmetic product.
In the form of cosmetic suspension for baths and local applications Tinowa® you will get and use a unique gift of nature - living magnesium salt with bromides in combination with balneological peloid as a result of quantum structuring of the suspension liquid phase.
Not least important element in formation of suspension Tinowa® cosmetic suspension is natural magnesium salt (MgCl\(_2\)•6H\(_2\)O), with high magnesium content, which plays important role in the human body. The second essential element of the product is sedimentary ripe peaty mud collected near Lohne (Germany), from which balneological peloid is extracted. Balneological
peloid contains micronutrients and minerals, natural phytostimulants (fytostimulátory) and bioactivators related to algae metabolites occurred in peaty mud. Combination of natural organic elements and natural mineral magnesium salt makes it possible to use Tinowa® cosmetic product as a unique cosmetic skin-care and acne-treatment composition. High magnesium content of the cosmetic suspension plays a crucial role for processes of functioning of the body systems. Combination of natural organic elements and natural mineral magnesium salts makes it possible to use Tinowa® as a unique cosmetic product for skin, joints, body and for wellness in whole. Presence of magnesium (Mg) and bromides (Br) in the suspension plays a vital role in life activity of the body. Given the fact that magnesium is being curtailed in plant foods, intermittent usage of our natural suspension will promote maintenance of magnesium (Mg) and energy in the body by natural way, protection and promotion of health, releasing your gastro-intestinal tract from of Acceptance of medicines.

XI. Side effects.
Individual acceptability - potential hypersensitivity reactions. Irritation of skin cover when applying every day. In case of reactions consult a doctor.

Contraindications
Effect of suspension on the body has maximum activity, so you should take these procedures seriously and adhere to contraindications. Stringent prohibition for a procedure is one or more symptoms:
• heat;
• idiocrasy (iodism, bromism and so on);
• cutaneous eruption of unknown origin;
• mechanical abnormality of skin cover, any wounds and maims;
• presence of malignant tumors;
• coagulation disorders, hemorrhagic tendency;
• pregnancy, breast-feeding period, menstrual period;
• acute inflammatory processes in the body (tuberculosis, infectious diseases, chronic diseases in the exacerbation phase);
• grade III arterial hypertension, stroke.
Some contraindications may allow for local applications with a doctor’s permission.

XII. Packaging.
Plastic bucket - 1 liter - 4 buckets containing 1 liter in expedition box. You may order suspension prepacked in buckets with a volume of 2.5 and 3.0 liter, two buckets per expedition box, of 3.5 and 5.5 liter, one bucket per expedition box in ordered quantity.
XIII. Shelf-life.
One year from date of manufacture.

XIV. Storage
Keep Tinowa® suspension in a cool, dark place without temperature fluctuations (8-12°C advisable). Product may be disposed with domestic household waste.

Do not drain water after bath or suspension after application, but use it to water domestic and garden plants - peloid and magnesium promote plant growth, increase life energy, ensure resistance and make them look aesthetically pleasing.

You will be pleasantly surprised by results just in two weeks.

XV. Manufacturer:
Tinowa Group s.r.o. Sopečná 198, 360 07 Karlovy Vary, CZE
Made in the EU.
Order Tinowa® cosmetic suspension from a supplier:

Supplier:
A Tinowa s.r.o., Sopečná 198, 360 07 Karlovy Vary, CZE
Tel. Mobil & WhatsApp: + 420 777 774 230 or + 420 777 555 501
E-mail: doctor@tinowa.com www.bioactivwater.com
skype: doctor.tinowa or tinowa.group
International Center of Experimental Quantum Biophysics of Water and Medicine.